



# Lettuces & Herbs

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# Lettuces & Herbs Range



*Lettuce*  
**Lollo Bionda**  
(Green cut)

*Strongly incised tender leaves.  
The leaves are bright green and  
have an attractive appearance.*



*Lettuce*  
**Lollo Rosso**  
(Red cut)

*A classic Italian lettuce, with  
dark copper red,  
crinkled frilly leaves. It makes a  
colourful addition to salads, and  
has a refreshing taste.*



*Lettuce*  
**Green Oak**

*Also known as royal oak, green oak  
lettuce leaves provide a mild, nutty  
flavour to salads and a touch bitter.  
Leaves are long and puckered,  
medium green in colour and formed  
as an upright head.*

# Lettuces & Herbs Range



*Lettuce*  
**Red Oak**

*Known for its incredibly sweet and mellow flavour, nutty with a buttery texture and burgundy-red stained, elongated, lobed and loosely serrated, similar to the leaves of an oak tree*



*Lettuce*  
**Green Butterhead**

*Have crumpled looking leaves that resemble flower petals. Butterhead lettuce is usually deep green.*



*Lettuce*  
**Romaine / Cos**

*Romaine or cos lettuce is a variety of lettuce that grows in a tall head of sturdy dark green leaves with firm ribs down their centers*

# Lettuces & Herbs Range



## *Lettuce* Green Frisée

*Frisée lettuce is a variation of endive, also referred to as curly endive. This endive has an open head with curly, strongly shaped leaves. The heart of the lettuce is yellow with the outer leaves green.*



## *Lettuce* Green Crystal

*Crystal lettuce is a frilly open lettuce type with an iceberg bite. with a sweet crunchy bite, Crystal lettuces have a high leaf count of robust leaves, with a light blister and a filled margin.*



## *Lettuce* Green Batavia

*Batavia lettuce resembles ordinary lettuce, but has more crinkled leaves and a wavy leaf margin. Actually, Batavia lettuce is a very authentic type of lettuce and the precursor of the well-known Iceberg lettuce.*



# Lettuces & Herbs Range



## *Lettuce* Red Butavia

*Batavia Red has jagged-edged leaves that form a loose leaf head of lettuce. The leaves are crisp, thick and shiny green, becoming tinged darkly with red at the ends.*



## *Lettuce* Victoria Rocket

*Rocket is a nutritious leafy green. The leaves have a bold peppery flavor that tastes delicious with salads and air-dried meats.*



## *Lettuce* Curly Kale

*Kale is a proud member of the cabbage family, which accounts for its rather strong, forward flavor that borders and sometimes tips over into bitterness.*

# Lettuces & Herbs Range



## *Lettuce* Frilly Iceberg

*Frilly iceberg is a cross between iceberg lettuce and curly endive; the leaves are green, thick and crisp like iceberg but the tops are crinkled like curly endive.*



## *Herb* coriander leaves

*Coriander is an annual herb in the family Apiaceae. It is also known as Chinese parsley, dhanian, or cilantro.*



## *Herb* Rosemary

*Rosemary is a fragrant evergreen herb native to the Mediterranean. It is used as a culinary condiment.*

# Lettuces & Herbs Range



## *Herb* Mint Leaves

*Mint leaves are a tender herb with gentle stems. It is best to add them raw or at the end of the cooking process.*



## *Herb* Dill Leaves

*Dill has a bouquet that is aromatic and somewhat sweet. It is not a "hot" herb, like red chili peppers, rather, dill provides a delicate taste sensation.*



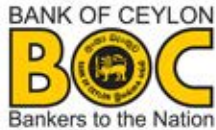
## *Herb* Celery

*Celery has a long fibrous stalk tapering into leaves. Depending on location and cultivar, either its stalks, leaves or hypocotyl are eaten and used in cooking. Celery seed powder is used as a spice.*



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